

#### • EAT & DRINK

- 1. Reception
- 2. Gastronomic Restaurant
- 3. L'Orangerie
- 4. L'Auberge de la Ferme aux Grives
- 5. Café Mère Poule & Gift Shop
- 6. La Maison Rose

#### • DREAM & ENJOY

- 7. Cookery School
- 8. Thermal Spa & Sisley Beauty Farm
- 9. Swimming Pool
- 10. Fitness Studio
- 11. Bicycles
- 12. Tennis Court

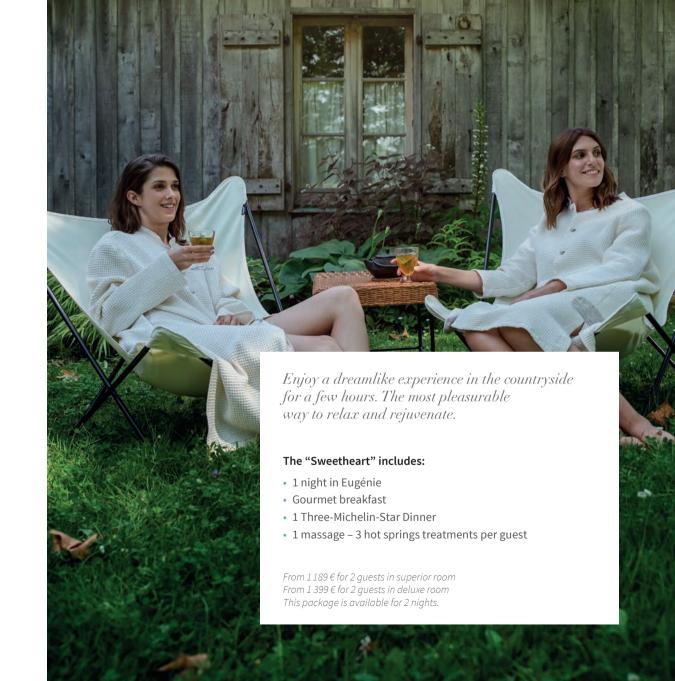
## TAKE A FRENCH LEAVE

Fancy a countryside escape? Stop by Eugénie, And live the Dolce Vita!

#### Rates, start from...

Classic Room - 30 m <sup>2</sup>	270 €
Superior Room - 32-34 m <sup>2</sup>	290 €
Deluxe Room in the Gardens - 40 m <sup>2</sup>	300 €
Suite in the Gardens - 50 m <sup>2</sup>	450 €
<b>De Luxe Room</b> - 50-80 m <sup>2</sup>	500 €
<b>Suite</b> - 50-60 m <sup>2</sup>	550 €
Royal Suite - 80 m <sup>2</sup>	700 €
Imperial Suite - 120-150 m <sup>2</sup>	900€

Rates in euros, for one or two guests



# CELEBRATE

A romantic heaven for the senses, Savour a gourmet getaway!





A glorious dinner and a night to remember.

#### The Fugue Étoilée includes:

- 1 night in Eugénie
- Gourmet breakfast
- 1 glass of Billecart Salmon Champagne
- 1 Three- Michelin-Star Dinner

From 915 € for 2 guests in superior room From 1 125 € for 2 guests in deluxe room Treat yourself with a gastronomic getaway! Two nights out of time and a sybaritic experience.

#### The Escapade Celebration includes:

- 2 nights in Eugénie
- Gourmet breakfasts
- VIP Welcome
- A Souvenir Gift from our Vineyard
- 1 Three-Michelin-Star Dinner
- 1 Rustic Dinner at La Ferme aux Grives

From 1370 € for 2 guests in superior room From 1790 € for 2 quests in deluxe room

# LET'S COOK

Learn the tricks of a fabulous cuisine in a fun and relaxed atmosphere!

All the courses dates and themes are available on lespresdeugenie.com. Book online!



## CRAVING FOR LAZING

A blissful retreat to enjoy all Eugénie's charms. Enjoy unforgettable holidays in the scented gardens and let the joy of living run through your body!



## **BRING THE FAMILY**

Cherished memories of family holidays are made here in Eugénie. Spacious rooms, gardens, kid's menus and special gifts for toddlers and children... We love to spoil little ones!

#### new

#### Eugénie's Kids Club:

- Salt dough, Hike, Herbarium, Treasure hunt, Yoga for kids...
- A certified activity leader (BAFA) welcomes toddlers from 3 to 8 years old, from mid-July to mid-August, from Monday to Saturday, from 11.45am to 4.30pm.

60 € per day and per child, including lunch, activities and a snack to take away

## A special Welcome «Very Important Bambin»:

- Wide rooms and suites fitted out for families
- All you need in room to travel with toddlers
- Kid's menu, gourmet and every day
- ullet A vast garden as a playground
- $\bullet \ DVD \ and \ bikes for \ all \ the \ family$
- Baby-sitting and concierge





## TREAT YOURSELF

Unwind in a graceful country Estate and enjoy a few days dedicated to your inner self.



Embrace a healthy lifestyle and well-balanced diet, Heal your body, sooth your spirit.

An entire week to pamper yourself and make the most of your stay. Eugénie's « Best seller » program, with a healing protocole that adapts to individual expectations: fatigue, overworking, join and muscle pain, overweight...

#### Semaine Privée Hot Springs Healing Week includes:

- 7 nights in Eugénie with Gourmet Slimming Cuisine full board
- 1 Festive Dinner at L'Orangerie
- 1 modelage 50'
- 24 hot spring treatments 3 per day
- Access to the thermal steam bath
- · Access to the Mind, Body & Soul activities
- · Access to the Fitness facilities and bikes
- Eugénie's thermal water and infusion cure

From 2 919 € per guest in superior room, double From 3 829 € per guest in deluxe room, double

#### Personalise your stay, choose a special add-on:

Beauty
4 treatments
490 €

Silhouette 4 treatments 360 € Zen
3 treatments
300 €

Health 10 treatments 360 € Rejuvenate thanks to the Grande Cuisine Minceur by Michel Guérard and a special selection of hot springs treatments.

#### 2 night «Petite Fugue» Pure Spa® includes:

- 2 nights in Eugénie with Gourmet Slimming Cuisine full board
- 4 Hot springs treatments per guest
- Access to "Mind, Body & Soul" activities

From 670 € per guest in superior room, double From 880 € per guest in deluxe room, double

#### 3 night "Grande Fugue" includes:

- A third night in Eugénie with Gourmet Slimming Cuisine full board
- 4 additional hot springs treatments

From 1 095 € per guest in superior room, double From 1 410 € per quest in deluxe room, double



## **REJUVENATE**

Want to clear your mind, slow down and alleviate stress and body disorders? SOURCES is the ultimate Art of Healing, a new way to take care of your body and soul, with our Detox or Botanical Fasting retreats.

The promise of a much awaited exile, far from the rest of the world, 6 days just for you, combining precious solitude and inspiring encounters.

our expertise

#### The Botanical Detox Week includes:

- Botanical Breakfasts
- Morning Yoga or Guided Gentle Walk according to the seasons
- Botanical Lunches, a 100% plant-based and delicious meal
- Time for yourself or personalized treatments
- Daily Workshops, Treatments, Conferences and other intellectual rejoicing
- Convivial Botanical Dinners
- Reading & fireside chats
- 6 Nights of a child's sleep

Find out all the details on our retreats on www.sources-healingholidays.com.

From 2 520 € per guest in superior room





A 10-day prevention program that accompanies those who wish to (re)discover the benefits of fasting.

#### our expertise

#### The Botanical Fasting Retreat includes:

- First day of digestive preparation, followed by 6 days of botanical fasting
- Morning Botanical Infusions
- Morning Yoga or Guided Gentle Walk according to the seasons
- Botanic «Cocktails», as lunch
- Siesta
- Time for yourself or personalized treatments
- Workshops, Treatments, Conferences and other late afternoon intellectual rejoicing
- Friendly Botanical Broths for dinner
- Reading & fireside chats
- 10 Nights of a child's sleep
- 3 days of progressive feeding before the end of the stay

From 3 990 € per guest in superior room

#### **Workshops & Treatments:**

Chinese Medicine, Herbalism, Sophrological meditation, Bikram stretching, Herbal Tea classes, Happy Belly ritual.



Our medical know-how, recognized for 70 years by French Medical Institutions, quarantees a personalised follow-up and a secure environment.



# MIND, BODY & SOUL ACTIVITIES

Discover the Landes countryside, learn about wines and cocktails, or live Eugénie on the balanced side... Every week, Les Prés d'Eugénie offer entertainement that forges beautiful memories.

Find all the details on lespresdeugenie.com and on our Instagram account @maisons\_guerard\_and\_co.



#### HEALTH & FITNESS\_

- Pilates
- Stretching
- Open Air Meditation
- Guided Relaxation
- Yoga

#### CULTURE

- Book Club
- Visit of Château de Bachen, family estate
- Visit of the gardens of Eugénie with Garden Master
- Guided visit of Eugénie's own Museum of Art

#### PRODUCER SAFARI

- Visit of a duck farm
- Visit of Monsieur Cazade orchards
- Visit of the citrus nursery
- Visit of the greenhouse of Monsieur Bastellica

#### EAT WELL

- 5 senses Workshop
- «All you need to know about Fat» Conference
- «All you need to know about Proteins»
   Conference

#### WELLNESS WORKSHOPS

- Beauty Workshop
- Herbal Tea Workshop

#### • DI

DIY Workshop
 The rall Workshop

DESIGN

Floral Workshop

#### OENOLOGY.

- Iconic House Cocktails Workshop
- Virgin and guilt-free Cocktails Workshop
- Initiation to wine tasting





# CHRISTMAS AT EUGÉNIE

Let the Winter spirit take you to Eugénie! Every year, the Christmas fairies stage a festive fortnight with a special theme.

## COOKERY SCHOOL

Lobster, Foie Gras or Dinner Party, One day, one theme... A very special programme around seasonal feasting!



## FINE CHRISTMAS SUPPER

Grab a glass of Christmas Punch and share with your loved ones a sumptuous menu at La Ferme aux Grives Rustic Inn.



Discover the secrets of the world's oldest liquors and wine in the Loulou's Lounge Bar.

## New Year's Eve House Party

On the stroke of midnight, celebrate a brand new year in the enchanting world of Les Prés d'Eugénie.

The Rejoicing program is in November. Contact us for more information.



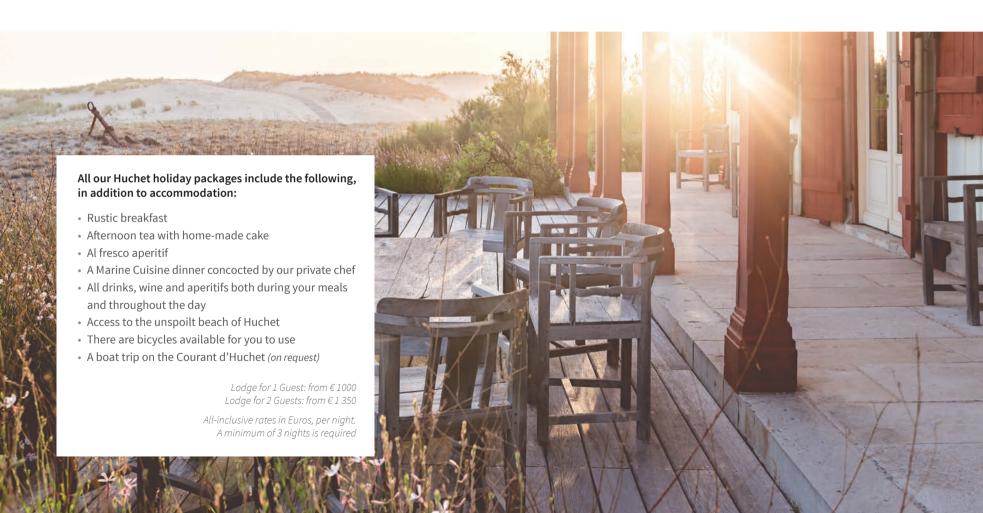






## RIDE THE OCEAN WAVES

The air is warm, the sky is blue, There is nothing to do but dip into. Live a refined yet low-key journey in Huchet Beach House.



## les Prés d'Eugénie - Maison Guérard



Place de l'Impératrice,
40320 Eugénie-les-Bains
LANDES - FRANCE
Tél.: +33 (0)5 58 05 05 05 05 - +33 (0)5 58 05 06 07
Mail: reservation@lespresdeugenie.com
lespresdeugenie.com

