

LIFE

ON THE DUNE

SERVICES – INFORMATION & ACTIVITIES

AT HUCHET BEACH HOUSE

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PROGRAMME & SERVICE HOURS

In Huchet, days go by peacefully, paced by the sun's path across the skies and by the rhythm of nature.

Brunch is served in the Dining Room, from 8.30 to 11am.

At noon, **a light picnic basket** garnished with fruit, a sandwich and a water bottle will be awaiting you in the kitchen.

From 4 to 6 pm, you may decide to have **5 O'clock Tea** served on the terrace of the main pavilion or on your personal terrace or in the Forest Salon.

Dinner starts with an aperitif on the terrace or in the Forest Salon, and continues with meals served in the Dining Room from 7 pm onwards. So as to respect the work of the team, dinner cannot be served after 9.30

If you wish to carry on this delightful evening after 10pm, tea or coffee can be served on the terrace of your Lodge

Should you feel thirsty **during the night**, a minibar containing mineral water, fruit juices, sodas and beer is at your disposal in your Lodge, as well as a kettle.

CUISINE MARINE AND MENUS

In Huchet, Cuisine is inspired by nature and by cheerful family dinners: we like to think of it as “**holiday cuisine**”. Our cuisine celebrates meats from the Landes and fishes from the Gascogne Gulf, grilled or roasted in the simplest fashion.

Each morning, at breakfast, the Chef presents you with the evening menu, and you are invited to choose from our two options for starter, main and dessert.

Here is an example of Menus and Collations that may be served at Huchet Beach House.

PETIT-DEJEUNER « BRUNCH »

Freshly squeezed Orange or Grapefruit juice

Choice of Teas, Coffee and Hot Chocolate

Tomme des Pyrénées or a choice of Ripened Cheeses

Cured or Country Ham

Butter Croissant or « Chocolatine », Baguette and Toasted Farmhouse Bread

« Minute » Eggs: boiled, scrambled, sunny-side-up or omelette

Seasonal Fruit



LIGHT PICNIC BASKET

Jambon de Paris and Comté Sandwich

Seasonal Fruit

Water Bottle

5 O'CLOCK

Choice of Tisanes, Fruit Juices by Alain Millat and Sodas

Homemade Cake of the day



CUISINE MARINE® DINNER

Billecart Salmon Champagne

Picholine Olives, Dry Sausage from the Aldudes and canapé of the day



Jumbo Landes Asparaguses with Herb Dressing

or

Line-Caught Sea Bass and Lemongrass Tartar



Barbecued Prime Rib,

Potatoes Cooked under Hot Ashes

or

Braised Turbot from the Saint-Jean Fish Market,

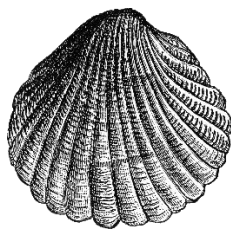
Grilled Summer Legumes



Chocolate Soufflé

or

Roasted Pineapple



WINE MENU

WHITE WINE*

Vintages from the Guérard-Tursan family Vineyards

Château de Bachen (Tursan)
Famille Guérard 2016

Baron de Bachen (Tursan)
Famille Guérard 2016

●
Sancerre Nuance (Loire)
Vincent Pinard 2018

●
Condrieu (Vallée du Rhône)
Côte Chatillon
Patrick et Christophe Bonnefond 2019

●
Chablis (Bourgogne)
Vent d'Ange
Domaine Pattes Loup Thomas Pico 2018

ROSÉ WINE*

Vintages from the Guérard Family Vineyards

Homegrown Wine from the Landes Terroirs

Vin de Pays des Terroirs Landais
"La Dune" 2018

Vin de France
Rosa la Rose 2018

CHAMPAGNES

Champagne Billecart Salmon Brut,
Cuvée Michel Guérard

Champagne Billecart Salmon Brut,
Cuvée Michel Guérard (1/2 bouteille)

**Vintages served on site might be from different years.*

RED WINES*

Barocco 2012
Famille Guérard



Graves (Bordeaux)
Clos Floridène 2012



Moulis en Médoc
Château Poujeaux 2010



Cadillac Côtes de Bordeaux
Château Carignan "Prima" 2015



Puisseguin Saint-Emilion
Château Clarisse 2012



Montagne-Saint-Emilion
Vieux Château Saint-André 2015
Vieux Château Saint-André 2015 (1/2 bouteille)



Lalande de Pomerol
L'Etoile François et Guillaume Thienpont 2014



Collioure
Côté Mer
Domaine La Rectorie 2018



Savigny-Lès-Beaune (Bourgogne)
Les Planchots Jean-Pierre Guyon 2016



Chinon Croix Boisée (Loire)
Domaine Baudry 2014



Madiran (Sud -Ouest)
Château Bouscassé Vieilles Vignes 2010

WHAT TO DO ON THE DUNE

Reading, bathing and dozing are the fancied activities in the Beach House.

READING AND BOARD GAMES

Press of the day will be made available to you every morning (you simply have to order them before you go to bed in the evening). A choice of books and board games are at your disposal upon request to the Housekeepers.

PETANQUE

A set of boules can be borrowed from the Housekeepers.

BATHING

How delightful it is to jump in the Atlantic's smooth billows! A wide and wild beach awaits you at the end of the garden. There are no lifeguards there, and the ocean can prove to be dangerous, even for the most experienced swimmers (maybe you have heard of « baïnes », the renowned rip currents of the Aquitaine coast). In July and August, if you want to enjoy the safety of a beach overwatched by lifeguards, you can simply walk along the ocean for 500 meters to access the magnificent beach of La Lette Blanche. For the kids to be able to enjoy the pleasures of swimming, two specially arranged beaches on the Lac de Léon are only a few kilometres away.

BIKING

A bike is graciously lent to you during your stay.

A number of gorgeous biking trails criss-cross the surroundings, and they are ideal for you and your family to enjoy a ride and a picnic.

You can easily bike to one of these trails from your Lodge, and then whether you choose to pedal for miles under the shade of the pine trees or to just go for a short ride is entirely up to you.

[Click here to download a map of the biking trails surrounding the domain](#)

HIKING AND RUNNING IN A NATURAL RESERVE

The Maisons Marines are located at the heart of the Natural Reserve of the Courant d'Huchet, which has been classified as a preserved natural space since 1981 and offers a few hiking trails that are easily accessed from the villa. Our favourite one? It would have to be the sentier du Pas du Loup, the Wolf's Step trail.

[Click here to download a map of the Natural Reserve showing the Trails](#)

SURFING

Laurent DULON, our resident licensed surfing instructor, offers **classes tailored** to fit both your level and your desires. These take place **on the private beach of the Maisons Marines d'Huchet**

For all of these services, **the high quality Quiksilver material and surfing gear (board, lycra suit and surfing suit) are included.**

Laurent speaks French and decent English.

2 HOUR CLASS

This lesson is either designed for beginners or intermediate-level surfer. The sessions lasts 2 hours, including an hour and a half in the water. If you are a rookie, Laurent will teach you the basics of surfing, and help you to achieve your first « take-offs ». If your level is more advanced, Laurent will guide you to the best waves and help you improve your surfing skills with taylormade audit and advice.

Rates :

- 1 Person : 150 euros
- 2 People : 270 euros
- 3 People : 320 euros
- 4 People : 400 euros

BOOKING AND CANCELLATION CONDITIONS

Planning the surf lessons implies to compose with the weather and with the tide schedule, which is why appointments must be made directly with Laurent at least a week before your arrival. To this end, your contact information will be shared with Laurent, who will get in touch with you

Surf Lessons can be booked up until 72 hours before you arrive, depending on the instructor's availability. If you are staying with us in the summer, we strongly recommend that you book your lessons several weeks in advance.

The activities you book will be added to your global note, which you will pay for before your arrival. **Any activity cancelled less than 72 hours before your arrival or during your stay will be charged in full, and there will be no refunds.**

YOGA | MASSAGES *

Mia, a former professional dancer trained in the arts of sophrology and yoga offers private yoga classes and non-therapeutic massages performed at the Maisons Marines on a Futon-Table.

YOGA

HATHA YOGA

Hatha is the most traditional form of yoga, and it is an ideal introduction to this discipline. The asanas (poses) are practiced on a relatively slow rhythm, and particular care is given to breathing and posture.

VINYASA YOGA

It is a dynamic yoga, more « physical » and faster than Hatha, that mobilises the muscle sheath. During these « choreographed » sessions, you will move smoothly from one asana into the next. The energy cost is higher than with Hatha, and Vinyasa is the most « free and fun » practice of Yoga.

ASHTANGA YOGA

It is a dynamic and physical form of yoga that strongly relies on the muscles. This athletic practice enhances strength and endurance.

The equipment will be lent to you by the instructor

Rates:

- €68 per participant for a one-hour class

MASSAGES *

All massages are performed with an organic massage oil

CALIFORNIAN

This massage, the softest we offer, was invented in the United States during the seventies. It consists of a series of smooth and swathing strokes that favour complete relaxation of the mind and body.

AYURVEDIC

This massage, both tonifying and soothing, is founded on the circulation of vital energy. It stimulates the brain and the digestive system while simultaneously rejuvenating the skin's softness and elasticity, thanks to the nutritional properties of sesame oil.

BALINESE

This technique combines kneading and sustained pressure on the meridians with soft stretching and light percussion. By blending softness and tonicity together, it helps you reach optimal state of relaxation while also benefiting from subtle tonifying effects.

FUSION

A blend of the Balinese and Ayurvedic styles, drawing from three elements – water, air and fire. It provides both softness and stamina, energy and relaxation

ORIENTAL

It impacts muscles and nerve endings through a set of movements that involve sliding, kneading, tapping and skimming. The Oriental is, without a doubt, a wellness-oriented massage technique that relieves muscle tension and facilitates the detoxifying of the body.

Rates:

- €80 for a 60 minute massage

* Massages delivered by Mia are not therapeutic acts: their sole aim is your relaxation and well-being.

BOOKING AND CANCELLATION CONDITIONS

Yoga Classes and Massages can be booked up until 72 hours before your arrival, depending on the Mia's availability. If you are staying with us in the summer, we strongly recommend that you make a reservation one or two weeks in advance.

The activities you book will be added to your global note, which you will pay for before your arrival. **Any activity cancelled less than 72 hours before your arrival or during your stay will be charged in full, and there will be no refunds.**

If you wish to book other activities, it is possible under the same conditions, and the fees will be paid to Mia directly (cash or check).